



**2003 Jonesboro Road**  
**McDonough GA. 30253**  
**Telephone (678) 432-0700**

### CLASS SCHEDULE EFFECTIVE SEPTEMBER 27, 2013

Class	MON.	TUES.	WED.	THURS.	FRI.	SAT.
INTRO	7:00		4:00		5:30	11:30
4-6 YRS (WHT-GLD)	4:00	5:30	4:30		6:00	10:00
4-6 YRS (ORG – PUR)	4:00	5:30		4:00	6:00	10:00
7-12 YRS. (WHITE)	4:45	6:15	5:15	6:30	4:00	10:45
7-12 (GOLD)	4:45	6:15	5:15	6:30	4:00	10:45
7-12 YRS (ORANGE)	4:45	6:15	5:15	6:30	4:00	10:45
7-12 YRS (GREEN)	5:30	4:00	6:00	7:15	4:00	10:45
7-12YRS. (PURPLE)	5:30	4:00	6:00	7:15	4:00	10:45
7-12 YRS (BLUE)	5:30	4:00	6:00	7:15	4:00	10:45
7-12 YRS (RED)	6:15	4:45	6:45	4:45	4:00	10:45
7-12 YRS. (BROWN)	6:15	4:45	6:45	4:45	4:00	10:45
MASTERS CLUB	7:45	7:00	7:45	5:30		9:00
BLACK BELT CLUB					4:45	
ADULT 13 & UP	7:45	8:00	7:45	8:00		9:00

\* Black Belt Club students will have advance training in their regular class and a special 45 minute class on Fridays.

**Students are expected to:**

1. Attend class on a regular and consistent basis (at least 2 times/week).
2. Arrive 5-10 minutes early for your scheduled class. If 10 minutes late, you will be unable to attend class.
3. Get picked up immediately after scheduled class (we do not baby-sit)
4. Do not disturb classes in session.
5. Pull attendance card upon entering studio and sit quietly in line.
6. Keep uniforms neat, clean, and odor free.
7. Bring sparring gear to every class. (Must have CMA LOGO)
8. To give 100% effort every time you come to class.
9. Memorize and apply the Student Creed.

**There can be no children left at the studio unattended,**  
**unless they are currently in a scheduled class**