



2333 Jonesboro Road
Hampton, GA. 30228
Telephone (678) 432-0700

CLASS SCHEDULE EFFECTIVE SEPTEMBER 19, 2022

Class	MON.	TUES.	WED.	THURS.	FRI.	SAT.
INTRO	7:00	7:00	4:00	5:30	4:00	11:30
4-6 YRS WHT-GOLD	4:00 - 4:30	5:30 - 6:00	4:30 - 5:00		6:00 - 6:30	10:00 - 10:30
4-6 YRS ORG-BLUE	4:00 - 4:30	5:30 - 6:00		4:00- 4:30	6:00 - 6:30	10:00 - 10:30
7-12 YRS. WHITE	4:45 - 5:30	6:15 - 7:00	5:15 - 6:00	6:00 - 6:45	4:30 5:15	10:45 - 11:30
7-12 GOLD	4:45 - 5:30	6:15 - 7:00	5:15 - 6:00	6:00 - 6:45	4:30 5:15	10:45 - 11:30
7-12 YRS ORANGE	4:45 - 5:30	6:15 - 7:00	5:15 - 6:00	6:00 - 6:45	4:30 5:15	10:45 - 11:30
7-12 YRS GREEN	5:30 - 6:15	4:00 - 4:45	6:15 - 7:00	6:45 - 7:30	4:30 5:15	10:45 - 11:30
7-12YRS. PURPLE	5:30 - 6:15	4:00 - 4:45	6:15 - 7:00	6:45 - 7:30	4:30 5:15	10:45 - 11:30
7-12 YRS BLUE	5:30 - 6:15	4:00 - 4:45	6:15 - 7:00	6:45- 7:30	4:30 5:15	10:45 - 11:30
7-12 YRS RED	6:15 - 7:00	4:45 - 5:30	7:00 - 7:45	4:45 - 5:30	4:30 5:15	10:45 - 11:30
7-12 YRS. BROWN	6:15 - 7:00	4:45 - 5:30	7:00 - 7:45	4:45 - 5:30	4:30 5:15	10:45 - 11:30
MASTERS CLUB	7:30 - 8:00			7:30 - 8:00		
BBC					5:15	
ADULT 13 & UP	8:00 - 9:00	7:45 - 8:45	7:45 - 8:45	8:00 - 9:00		9:00 - 10:00

Students are expected to:

1. Attend class on a regular and consistent basis (at least 2 times/week).
2. Arrive 5-10 minutes early for your scheduled class.
3. Get picked up immediately after scheduled class (we do not baby-sit)
4. Do not disturb classes in session.
5. Pull attendance card upon entering studio and sit quietly in line.
6. Keep uniforms neat, clean, and odor free.
7. Bring sparring gear to every class. (Must have CMA Logo)
8. To give 100% effort every time you come to class.
9. Memorize and apply the Student Creed.

****If you are more than 10 minutes late to any class, for any reason, you will be unable to attend class.**

**There can be no children left at the studio unattended,
unless they are currently in a scheduled class.**